

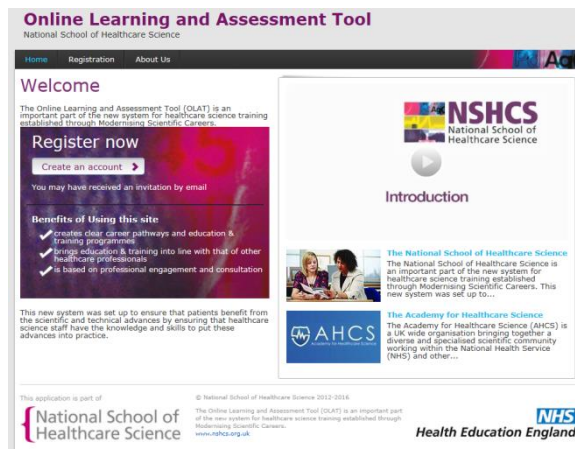


TPN AND NUTRITION TEAM ELECTIVE

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WHY DID I CHOOSE MY ELECTIVE?

- Wanted to keep it local
- Experience a different department
- Make connections outside of biochemistry
- Enhance my learning experiences
- Tick off extra competencies!



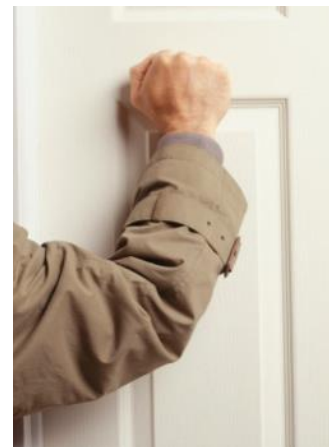
ADVANTAGES OF A 'HOME' ELECTIVE

- Low cost £
- Flexible for my training
- Achieve outcomes in your own hospital
- Make positive changes to your practice

[illegible]

HOW DID I ORGANISE MY ELECTIVE?

- Emailed the head of Nutrition team
- Went to visit her
- Showed them the competencies I wanted to achieve
- Asked what they wanted from me
- Arranged timings to suit both of us



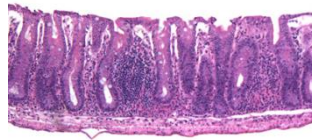
WHAT DID I DO ON MY ELECTIVE?

- Attended Ward Rounds
- Attended MDTs
- Carried out an audit
- Visited the pharmacy department



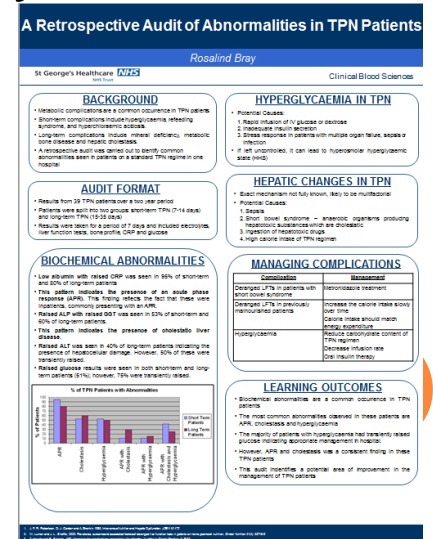
NUTRITION WARD ROUNDS AND MDTs

- Multiple members
- Check for infection, fluid status, review bloods
- Ask patient how they are
- Explain the current status and any changes required



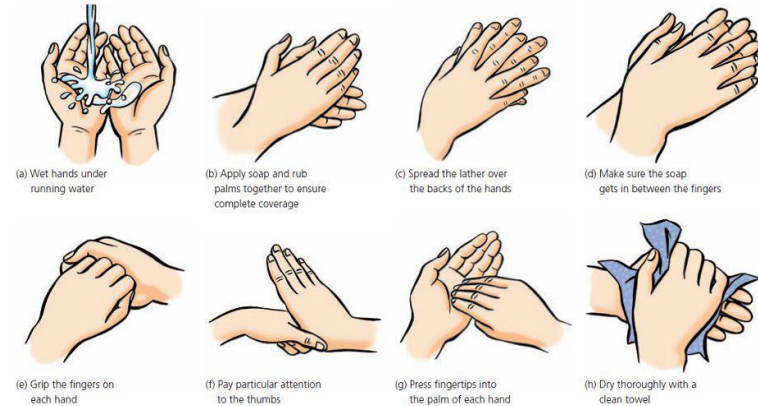
- Histopathology and radiology
- Recent bloods and biopsy results
- Plan for the next step in patient management





PHARMACY DEPARTMENT

- Sterile conditions
- Protective clothing
- Hand washing procedure
- Paediatric vs adult packs
- Each individual 'recipe'
- Double checking



WHAT DID I LEARN ON MY ELECTIVE?

- There's much more to TPN!
- Importance of MDTs
- Clinical management of TPN and other nutrition patients



WHAT COMPETENCIES DID I COMPLETE?

- **PP1-C-1 – Treat each patient as an individual**, respecting their dignity and confidentiality and upholding the rights, values and autonomy of every service user
- **PP1-C-2** - Discuss **personal values, principles and assumptions, emotions and prejudices**, and how these may influence personal judgement and behaviour, and identify how you will practise in accordance with Good Scientific Practice
- **PP1-C-17** - Under supervision, demonstrate that you can obtain and present a **patient history** from a normal volunteer or consenting patient in order to better understand the clinical decision-making process in your clinical practice
- **PP1-C-8** - Work constructively and effectively as a member of a **multidisciplinary team**
- **PP1-C-28** - Identify potential **areas for change** and accept change identified by others, working across different provider landscapes as required
- **PP1-C-20 - Keep accurate records** in accordance with current guidelines and the legal framework for data security
- **PP1-C-23** - Participate in innovation, research, service development and **audit activities** complying with compliance with guidance and laws relating to research ethics
- **PP1-C-25** - Undertake a **literature review** and prepare and present to peers a critical analysis of a publication from the scientific literature
- **PP1-C-26** - Prepare and deliver an **oral scientific communication** to peers at a local, national or international meeting



- Thank you!
- Any Questions?
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