Deacon's Challenge No. 14 Answer

A 0.5 mL sample of urine is extracted into dichloromethane. An aliquot of the extract is analysed by HPLC and found to give an apparent original concentration of 320 nmol/L of analyte Y. 100 μ L of Y standard with a concentration of 880 nmol/L is added to a further 0.5 mL sample of the same urine and the sample mixed. 0.5 mL of the mixed sample is then processed as before, giving a measured concentration of 405 nm/L. Calculate the recovery of analyte Y.

MRCPath May 2001

Please note that there was a "typo" in the question as published in the March ACB News – only 100 μ l of Y standard was used not 100 mL!!

Standard recovered = Conc Y in mixed sample - Conc of Y in urine component of mixed sample

The initial measured conc of Y in the urine was 320 nmol/L, 0.5 mL of which was diluted to 0.6 mL by the addition of 0.1 mL of standard – i.e. diluted by a factor of 6/5.

Concentration of Y in mixed sample which was derived from urine $= \frac{320 \times 5}{6} = 267 \text{ nmol/L}$

Since the measured concentration of Y in the mixed sample is 405 nmol/L then the standard recovered

- = Measured conc of Y in mixed sample conc of Y from urine component
- = 405 267 = 138 nmol/L

 $0.1\ mL$ of $880\ nmol/L$ standard was mixed with 0.5mL of urine i.e. diluted by $\ 6$

Therefore concentration of standard added = 880 = 147 nmol/LTherefore recovery $= 138 \times 100 = 94\%$

Therefore recovery =
$$\frac{138 \times 100}{147}$$
 = 94%

Question No. 15

- 1 A patient was mistakenly given 500 mL 20% mannitol ($C_6H_{14}O_6$) intended for the patient in the next bed, instead of the same volume of normal (0.9%) saline. Calculate the extra osmolal load given over that which would have resulted from isotonic saline.
- 2 A patient known to have diabetes insipidus is admitted in coma. His plasma osmolality is 324 mosm/Kg. If his weight is 85 kg, estimate his body water deficit.

MRCPath May 2001